Why Is There No Multiple Sclerosis At The Equator? How Brazilian Doctors Are Curing Ms With High-Dose D3
This book is for MS sufferers or their friends who do not want to take NO for an answer...there is a cure...and here it is! It will only cost you $9.99 plus the cost of high doses of two vitamins... (actually 1 hormone and 1 vitamin...Vitamin D3 is a hormone and was mislabeled when it was discovered)..Sounds too good to be true right? Wrong.-this is true and there is no downside , no side effects..try it and see for yourself! Doctors scare you off from taking high doses of D3 with the boogie man of "Vitamin D toxicity". Add high dose Vitamin K2 to the mix....and virtually all the risks of D3 toxicity go away....D3 is the hormone your skin makes when exposed to sun....People at the equator used to not get MS before sunscreen and sun avoidance....Lots of sun or lots of D3 will prevent and CURE MS.......adding K2 makes it safe! DO NOT BUY THIS BOOK FOR CASUAL READING..THIS IS FOR MS SUFFERERS , THEIR FRIENDS, OR FAMILY ONLY.! This IS the better mousetrap! Most MD’s get just a basic 4 years in Med School, then work to earn not learn. I’ve researched diseases and aging for 20+ years, with a 10 year stint where I spent 12 hrs/day everyday in the Northwestern Med School’s library just reviewing clinical and scientific studies! I’ve had 3 major theory papers published; the publishing journal has 5 Nobel Prizes between the editors. And described my papers as extremely exciting and of major importance! During my research into the amazing results of taking high doses of the bone and joint remodeling hormone (also known as Vitamin D3) I have run across an amazing account of a doctor in Brazil who has recently been treating his MS patients with high doses of Vitamin D3- and it not only helps them it seems to be curing them. In interviews his patients now refer to the time when they had MS in the past -as they are in fact cured.They loved switching from interferon injections to high dose D3 as D3 was much more effective and had no side effects! It seems the bone and joint remodeling hormone is also the nerve sheath remodeling hormone. This book also takes you step by step how to institute your own high dose D3 therapy, what to expect, dangers to avoid, and how to mitigate any chance of Vit D toxicity.

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If you or any loved one suffers from MS, get this book... there is no better investment of your time and effort and hope and dreams. I know the author is for real because his book on D3 changed lives for the better for me and my family members. You see the proof in the book. In fact, the proof is also on the book cover. Jeff shows you many abstracts to show the "scientific proof" based on studies from around the world about the relationship between MS and low vitamin D3 levels. Finally, he even includes his groundbreaking #1 best-selling book on D3. This book shows you exactly what you needed to do: how much vitamin D3 to take, how much K2 to add, where to get the best deal (to save money and get good quality), precautions to take and mistakes to avoid. This book will change your outlook on how to keep good health as well as the "big pharma". Actually, after reading Jeff's book on D3, we decided not to build our house as per the original design but we went back to the architect to redesign our house to allow much more sun and this will benefit our family for the rest of our lives. Thank you Jeff.

I first learned about Jeff Bowles when I read his book called The Miraculous Results of Extremely High Doses of Sunshine Vit D3...which I used to successfully resolve a two year bout with painful plantar fasciitis. He does thorough research and provides lots of hidden information to help one make better informed medical decisions. Use at your own risk, but I find him brilliant. I shared this book with a friend with MS (20 year duration) and she is making rapid progress. She has also found success with the grounding.com products (sleeps with the orange "bracelets") sold on their site. Since traditional medicine has little to offer the MS sufferer, it's wise to try other things as well. Many folks have also been helped with the Wet Cell, as explained in the readings of Edgar Cayce. www.edgarcayce.org Another woman I know with MS has kept it at bay using quality aloe vera juice each day. It seems to be some kind of autoimmune disease where keeping inflammation down seems helpful. Avoiding sugar and flour and another junk food...including diet drinks, could go a long way to restore balance to an "out of kilter" system. I would recommend anyone with MS to widen their research base beyond the basics and give some of these options a try.
I have relapsing remissive MS, with a Grandmother who died of decimated sclerosis, an uncle who died of Parkinson's and a mother in a home with Alzheimer's the future looked really bleak but no more. I highly recommend this book and reading further about D3. I live in England and believe that getting any help from the NHS about using D3 is years away. I'm 55 and by the time any clinical trials get started and completed I will be well into my retirement so I decided to follow Jeff's example and do my own health experiment. So far it's not been completely without some worrying times but I did start a new very stressful job and I have been exposed to 3 or 4 friends getting really bad colds and flu, which I expected to lay me low, but I'm still up and about I'll been doing my health experiment for 2 months now skin great, feel great. Did have some changes in symptoms a week or two after I first started but that I believe was a stress driven MS attack I had done 33 hours overtime that month, I was clearly over doing it, that would have usually left me bed ridden, but up and about been able to start cycling on an exercise bike 4 to 5 miles ever morning before work. Not had to take any sick leave I can now actually feel my feel not had that feeling for over 10 years, I have a long way to go, but it's all looking positive so far. I am balancing the D3 with K2, Vitamin A, Magnesium L-Theronate (Neuo-Mag) and Serotonin. You have to listen to your body I wasn't sleeping well so had to sort that out to gain the most from my health experiment. Jeff's been great sending me good links and support I've been reading more of his books great for making you think out of the box, as D3 has given me so much more energy I've been able to get stuck into reading all the health books I can it's all helping my health experiment.

This is the book that started it all for me- I've been recently diagnosed with MS and don't like the standard treatment options. This man fearlessly documents his own experiences and provides a wealth of *translated* Brazilian studies on the effectiveness of D3 & K2. On top of that, he responds to emails and provides even MORE valuable information. Not a slick publication - something obviously written with passion and conviction!

Everyone with an auto-immune condition should read this as well as Jeff T. Bowles other book, "The Miraculous Results of Extremely High Doses of the Sunshine Vitamin D3". These two books could SERIOUSLY change your life.

Read this in 2 days, I was fascinated, ive had ms way longer I know than 20 years (diagnosed 17 ago) ive started high dose d3 therapy 2 wks ago, im not sayinging im CURED, by I can notice a
difference in my balance & pain level already, & im hopefull for further improvement. read this with an open mind, im really happy with, & excited that I found this book!

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